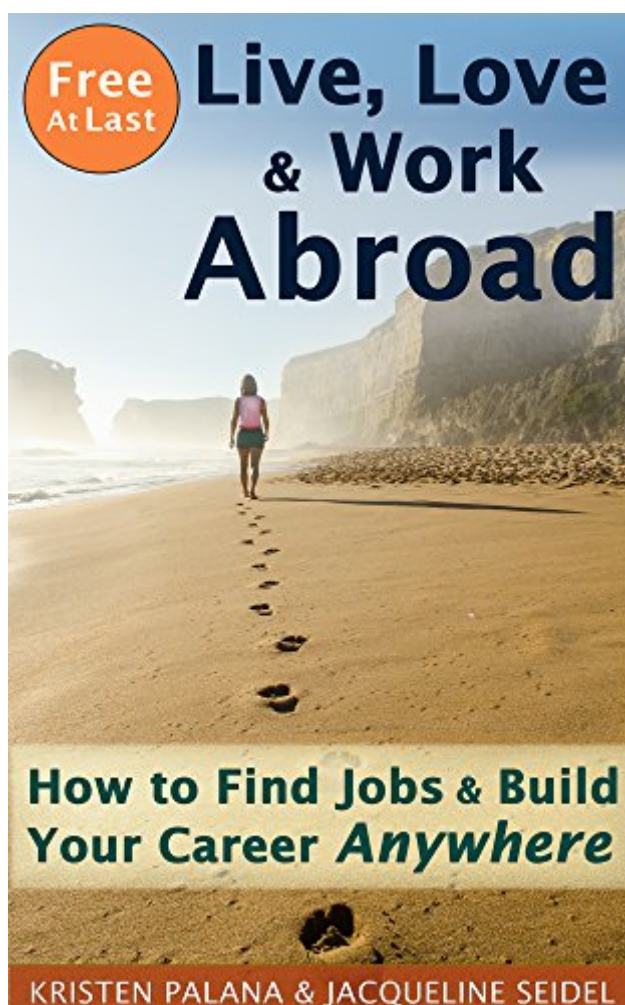


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# Free At Last: Live, Love & Work Abroad: How To Find Jobs And Build Your Career Anywhere



## Synopsis

Work abroad, find jobs, and make a living even if you don't really live anywhere in particular. Whether you are looking to escape the daily grind by going on an overseas working holiday, create positive change as a volunteer, expand your CV as an intern, find a long-term international career, start your own business, or dabble in becoming a location-independent digital nomad, this book will help you turn your dreams into a reality in your own way, in your own time, and at your own pace. Full of true stories, inspirations, hard-won advice, raw honesty, and sneaky tricks, this guide will help you to explore the many short and long-term work possibilities available around the world. Authors Kristen Palana and Jacqueline Seidel are female travelers and expatriates with decades of experience living, studying, backpacking, volunteering, and working abroad. Get their perspective as well as that of the many expats who contributed to this book from every continent (except Antarctica) and learn what works and what doesn't when trying to successfully navigate your career abroad. Here's what you'll find inside:

- Firsthand accounts, interviews, and stories of global living and work adventures and misadventures abroad
- Insider tips and resources for finding the best working holiday and short-term job experiences
- Tips for funding your overseas working dream even if you have no budget to start with
- An action plan for taking your first steps toward a fulfilling long-term international career
- Learn the top work abroad tips and the mistakes to avoid BEFORE you start your journey
- Get insider advice for successful internship and volunteer abroad experiences
- Top work abroad resources to get you started planning your short or long term international career
- Gain an understanding of the expat mindset and what it really takes to work overseas
- Smart tactics for starting a business abroad
- Ideas for getting started as a location-independent digital nomad
- Insights and resources for those who are returning home after working abroad
- Inspirations to help you conquer your fears, leave your comfort zone, and just do it!

This book is for current students, recent graduates, those looking to make a career change, the unemployed or underemployed, adventurous entrepreneurs, wide-eyed dreamers, and anyone who is ready to become the person they always wanted to be in the place they always wanted to see. It's also for those not quite ready to take the leap abroad but who would like to learn more about the opportunities, risks, rewards, and challenges that come with living a life less ordinary. Let's get you started on your own unique journey!

## Book Information

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## Customer Reviews

Kristen and Jacqueline give you actionable steps to accomplish your dreams of becoming free and attack any limiting beliefs that might prevent you from taking action. Also, they include insights and advice from others who are walking the walking. Whether you follow the steps recommended in the book or just some of them, you will find something of value within these pages. After reading *Free At Last*, if you don't find a way to turn your life around, then you simply don't want to enjoy the best that life has to offer you.

This book is a must-read for anyone looking to travel or live abroad. Packed full of valuable insights and tips, along with real-life stories to serve as examples. It's both a fun and informative read. Highly recommended.

I've always wondered how people are able to travel abroad. I've even searched the internet for information on this subject several times, but the results were daunting and so scattered. It's so wonderful to FINALLY find ALL of the information on this topic in one, neat and tidy place. This little book is amazing. It covers absolutely anything and everything that anyone would want or need to know. It even offers tips, tricks, stories of success, and even cautionary tales from others who have

already done it. It is helpful to young folks still in school as well. When I went to school, I had absolutely no idea that it was possible to travel and have a career abroad. I truly believe that this book SHOULD be offered in all schools and libraries throughout the nation. It provides hope and excitement for anyone who reads it. The Authors are both incredibly smart, courageous and independent women and mothers who have already experienced all there is to experience and, they generously and honestly share their own personal experiences, the good, the bad and the ugly with their readers. The format is absolutely adorable. It is written in the form of public broadcasters, talking to their audience and among themselves and passing the mic back and forth. It has character and humor like no other book I have ever read before, and I am an avid reader. I seriously cannot recommend this book enough. Even if you have no intention of traveling, buy it for a friend, family member or loved one or read it yourself for entertainment. It definitely suits that purpose as well.

Kristen and Jacqueline have created a book that will encourage, inspire, and intrigue the wanderlust in all of us. The authors impart so much of their own personalities that you can't help but feel that you are having a cup of coffee (or a pint of beer) with an old friend as you turn the pages. They are obviously bright and engaging people that have had the fortitude to take opportunities that challenge them. Friends from their many travels of also weighed in with personal vignettes, which are a delight to share. There is a whole magical world of expats that share the values and cultures of their home countries overseas, while bringing "strange and foreign lands" home to those who are don't have the ability to be there themselves. This book will challenge the reader into becoming a part of that vibrant, fun community abroad. It will challenge the reader to put aside preconceived notions that it is too scary, too far, or that they have too much "stuff" tying them to their home country. I have lived overseas and it was a valuable time in my life. I was able to see a part of the culture that I would never have experienced from hitting the highlights in a travel guide. I met fascinating people from around the world as they were having their own adventures. When I think about going back to visit the place that was my home for 2 years, it am a little wistful as it wouldn't be the same as a tourist. I hope that this book will allow others to have that connection to another place in the world. This certainly is the book I wish I had 15 years ago! (It really would have helped to convince my family and friends that everything would be okay too!)

A very pleasant surprise. I didn't know what to expect and was very curious when I first saw this book. As an author and expat myself, I wondered if I would learn new things or only confirm my own

expertise. Now, I can definitely say I'm very happy to have this book. It's very interesting because it has given me many more ideas of potential jobs or activities around the world. For example, internship or volunteering. Also, the book includes many stories from both the authors themselves and additional pictures inside which makes it more personal, but also more credible, because they both actually experienced what they write. And let's not forget all the other expats who contributed their story to this book. It reads well, it flows well, it puts a smile on my face, and I'm happy to have this book. You should get it too!!! Thank you so much Kristen and Jacqueline for putting your work into this book. Greetings from Rachel Smets

I recommend this book for anyone even thinking about traveling abroad for any length of time. It's well written, funny, intimate at times and full of helpful insider tips. A must read for the intrepid soul!

This is a book full of resources and ideas for anyone thinking of moving abroad. I am inspired! It is written in a conversational style that goes back and forth between the two authors and also includes lots of stories shared by other expats. There is a lot of good advice from people who have done it already and want to share their experiences. It is also a fun read!

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